

The Claretian Echo



ST. CLARETS

You ain't been anythinged until you've been Echoed

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"Only the hand that erases can write the true thing."

Healy puts the toe in

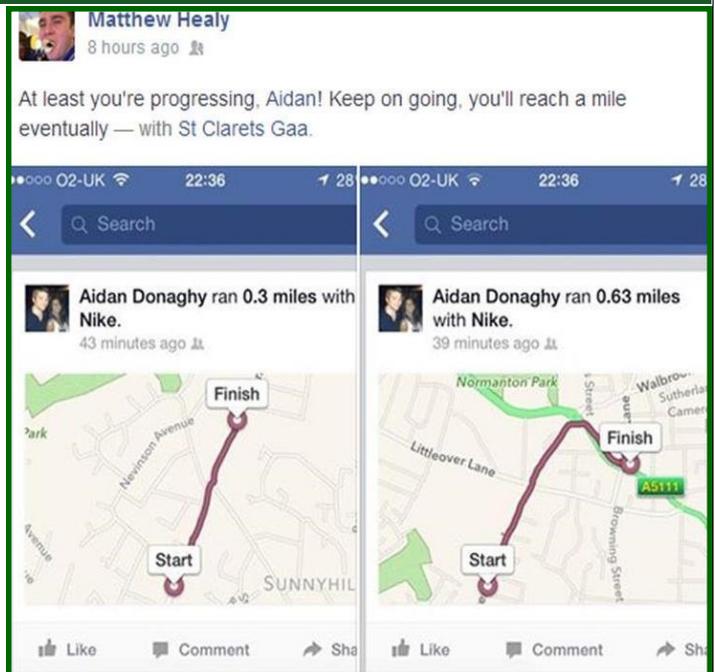
Committed Claretian Aidan Donaghy has this week revealed to *The Echo* how he has been the victim of a vicious Facebook bullying campaign at the hands of cyber-bully Matt Healy, otherwise known as *The Notorious B.I.T.* (Big Ingrown Toenail).

Former iron-man contender Donaghy is beginning the long road back to fitness following a chronic bout of laziness, and while doing so, he has been keeping a blog detailing his daily training regime.

However, Donaghy's mid-night runs, which have so far yet to exceed a mile, have been the subject of much ridicule from *The Notorious BIT* and have led Aidan to consider quitting.

A clearly emotional Donaghy told *The Echo*, that were it not for the "intense and intimate emotional support" he was receiving from team captain Barry Lynch, then he would probably have allowed *The Notorious BIT* to win.

However, according to Donaghy, Lynch has been "his rock and his hard place" throughout the ordeal.



Parting a sweet sorrow

Staff at Midgard were left in no doubt of the identity of their new boss following the departure of the popular Stevan Sherry. Workers were greeted by a wall of Haribos in the main foyer of the company's HQ last Monday (below), with the confectionary display being accompanied by a giant poster

of former trainee Quantity Surveyor - turned CEO - Luke Kelly, sitting in a swivel chair, stroking a white cat, eating his favourite Haribo sweets, declaring: "I love it when a plan comes together."

Kelly also announced that he was replacing "Casual Friday" with "Haribo Wednesday". Members of staff with diabetes have been advised to bring a packed lunch that day.



In Brief

Thrill seeking Paddy Donaghy celebrated completing a free-fall dive from the CN Tower in Toronto this week, while using his 2-year old son Tiernan as his parachute.

